



CANYON RANCH, LENOX MA

WINTER WEEKEND SPA-AWAY

JANUARY 29-31, 2016

Join Fitness Unlimited's ALISON VARDARO

Join Alison Vardaro and your fellow gym-buddies for a winter weekend getaway to world-renowned Canyon Ranch. Nestled in the heart of the Berkshires, this all-inclusive Health Resort & Luxury Spa is the ultimate retreat. We've secured great discounted group rates. Come and enjoy!

\$1,340.00 Per person double occupancy (taxes, fees included). Canyon Ranch has a no tipping policy.

\$360.00 Single supplement

To secure a spot a completed registration form must be submitted with a \$50.00 place holder fee. Deposit of \$700.00 due by November 25, 2015. Full payment details on registration form.

2 nights in beautifully appointed accommodations.

3 healthy gourmet meals per day and healthy snacks always available!

Full access to the state-of-the-art spa complex.

More than 40 complimentary classes and activities offered daily, including wellness presentations, cooking demonstrations, outdoor seasonal sports and more!

\$150 per-person allowance for spa, sports or wellness services.

PJ O'Claire, a STOTT PILATES® Master Instructor will be in residence offering a variety of pilates classes.

“This will be amazing.
Join us!” - *Alison*

Arrangements made by Forks on the Road
For further information or to register contact
conniewalsh@forks-ontheroad.com
617.825.0505

www.forks-ontheroad.com